



MEADOWOOD VILLAGE

5160 Rice Rd. • Antioch, TN 37013 • (615) 360-2009

September				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

- Sept. 1 – *Sounds vs. Iowa*
- Sept. 1-18 – *Shakespeare in the Park: Centennial Park*
- Sept. 3 – *National Beard & Moustache Championships: Ryman Auditorium*
- Sept. 7 – *Demi Levato & Nick Jonas: Bridgestone Arena*
- Sept. 8-24 – *“The Last Five Years”: TPAC*
- Sept. 9-18 – *“Evita”: TPAC*
- Sept. 10 – *Brian Regan: Ryman Auditorium*
- Sept. 11 – *Titans vs. Minnesota*
- Sept. 11 – *Kidz Bop Kids: Ryman Auditorium*
- Sept. 11 – *Boyz II Men: Ascend Amphitheater*
- Sept. 15 – *Lake Street Dive: Ryman Auditorium*
- Sept. 15-18 – *Home Decorating Show: Music City Center*
- Sept. 16 – *Amos Lee: Ascend Amphitheater*
- Sept. 16-17 – *Brian Wilson: Ryman Auditorium*
- Sept. 16-18 – *Ballet: “Cinderella”: TPAC*
- Sept. 18 – *Bad Boy Family Reunion: Bridgestone Arena*
- Sept. 19 – *Nathaniel Rateliff: Ryman Auditorium*
- Sept. 19 – *Heart, Joan Jett, Cheap Trick: Ascend Amphitheater*
- Sept. 20, 22 – *The Lumineers: Ascend Amphitheater*
- Sept. 21 – *Avenged Sevenfold: Bridgestone Arena*
- Sept. 22 – *Carrie Underwood: Bridgestone Arena*
- Sept. 22 – *Deepak Chopra: TPAC*
- Sept. 23 – *NEEDTOBREATHE: Ascend Amphitheater*
- Sept. 23-24 – *James Bay: Ryman Auditorium*
- Sept. 23-25 – *Flea Market: The Fairgrounds Nashville*
- Sept. 23-25 – *Fall Tennessee Craft Fair: Centennial Park*
- Sept. 24 – *Kanye West: Bridgestone Arena*
- Sept. 24-25 – *Pilgrimage Music & Cultural Festival: The Park at Harlinsdale Farm, Franklin*
- Sept. 25 – *Titans vs. Oakland*
- Sept. 25 – *Hannibal Buress: TPAC*
- Sept. 25 – *Melanie Martinez: Ryman Auditorium*
- Sept. 26 – *3 Doors Down: Ryman Auditorium*
- Sept. 27 – *Prophets of Rage: Bridgestone Arena*
- Sept. 30 – *Counting Crows & Rob Thomas: Ascend Amphitheater*
- Sept. 30-Oct. 1 – *Upright Citizens Brigade: TPAC*
- Sept. 30-Oct. 1 – *John Prine: Ryman Auditorium*

All dates subject to change without notice



Fall In Love With Fall

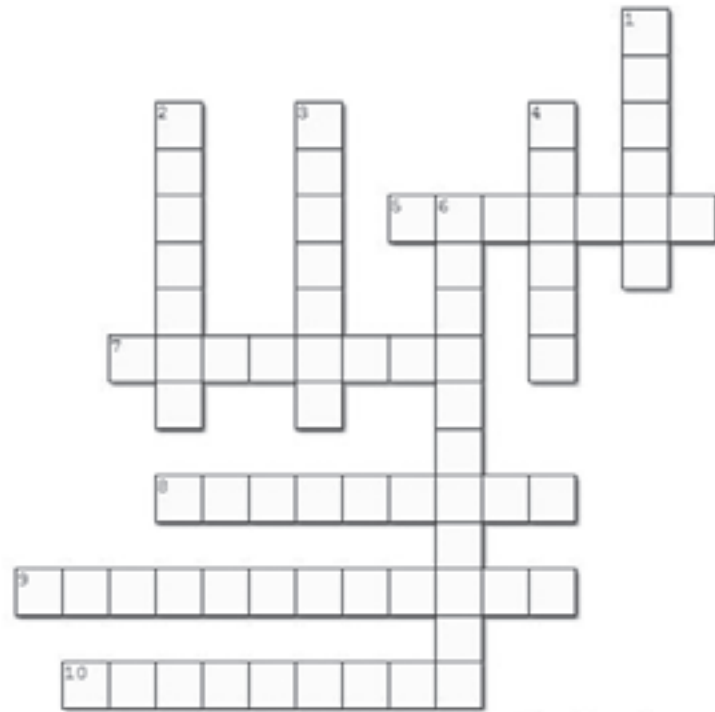
The warm temperatures may still be around a bit, but there are signs of crisp mornings and evenings. Leaves will be showing a bit of color and soon we'll be enjoying some beautiful scenery in our city.

We do our best to keep your community looking good all year long and we appreciate your help in making sure trash is discarded properly. Thank you for taking the time to make sure your entrance and balcony/patio are neat as well.

Slow Down!

School is back in session and we want to make sure all our kids arrive to school safe and sound! Look twice as you drive through our neighborhood and watch out for children. Never pass a school bus as they are driving through our community.

Occupations Crossword Puzzle



Across

- 5. Helps people learn things
- 7. Can help your car if it isn't working
- 8. Helps people find the books they are looking for
- 9. Helps animals when they are sick
- 10. Catches the bad guys

Down

- 1. Spends a lot of time in a court room
- 2. Can help you with your pipes
- 3. Puts out fires
- 4. Helps people when they are sick
- 6. Can fix the lights if they go out

New to the Neighborhood?

We would like to extend a WARM WELCOME to all our new neighbors! We are glad you have chosen our community for your new home. We will do our best to make you comfortable and we appreciate the opportunity to serve your needs. Please let us know if there is anything we can do to help you settle in!

Labor Day

We're going to celebrate the economic and social contributions of America's workers by taking off Labor Day, **Monday, September 5**. We hope you are able to as well! We will be back, ready to serve you, on Tuesday, September 6.

Your Opinion Counts

We think you, our residents, are the best source for ideas and suggestions to make our community an even greater place to live. You may feel hesitant to speak up, but we encourage you to share your opinions with us. Although we can't guarantee we will implement every idea or suggestion, you can be sure we will listen and consider each one. After all, ideas are better when shared with someone else.

Staff

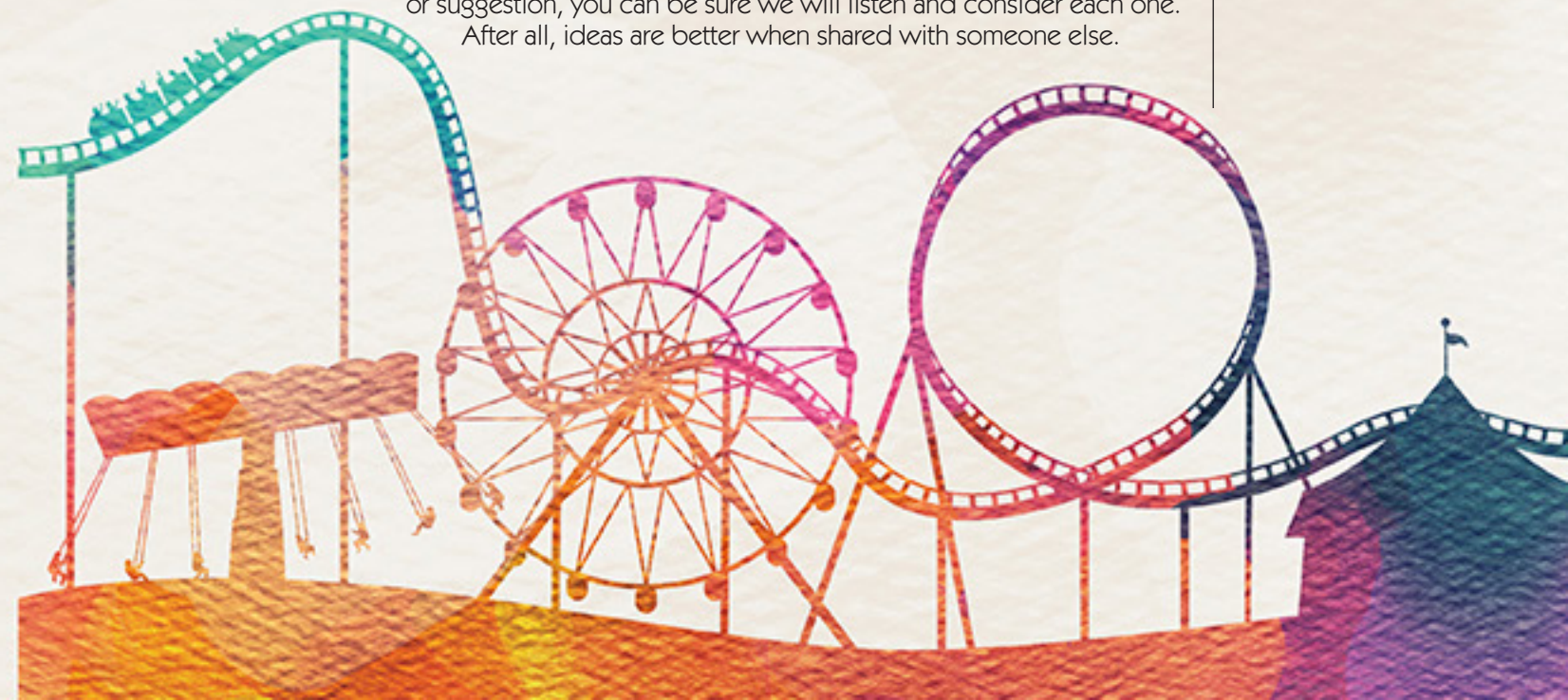
- Patsy Holt, CAM, NALP*
Property Manager
- Kirsten Porter*
Assistant Manager
- Kelli Whiteside, NALP*
Leasing Consultant
- Danielle White*
Leasing Consultant
- Scott Lyons*
Maintenance Supervisor
- Mark Sharp*
Maintenance Tech
- Tristan Warren*
Maintenance Tech
- Malachi Sanders*
Maintenance Tech
- Peter McIntyre*
Groundskeeper
- Janet Goodman*
Housekeeper
- Trooper Tara Lee*
Officer David Snowden
Courtesy Officers

Office Hours

- Monday-Friday**
8:30am - 5:30pm
- Saturday**
9:00am - 4:00pm
- Sunday**
Closed

Pest Control

- Mon., Sept. 12**
Apts. 1-140



NEVER FORGET



SEPTEMBER

We will never forget 9/11, but let us remember in a way that will honor the people that perished that day. Do a good deed for a friend, a neighbor, a stranger. Pay it forward. Practice random acts of kindness. It begins with one person; let it be you.

Observe a moment of silence at 8:46 am (Eastern Daylight Time) to remember.

you can do it!

It's September Self Improvement Month and in an effort to always improve ourselves, we invite you to try something new!

Is there something you'd like to accomplish? Take a class, be a better cook, start a side business, be more organized, enjoy people more? Take the steps to reach your goals – beginning TODAY!

What do you want to do?
Clearly define it.

What steps do you need to take first?

Write it down.

Who do you know that could mentor you?

Who's done something like this?

Who can you be accountable to?

Find someone to support you.

Have you researched what you want to do?

The internet is a great first step.

🔗 Check out our Hassle Free Newsletter Pinterest page for other great ideas!

To many of us it's a sign of the end of summer activities, but it's recognized as a day for the common man honoring him for his work. We owe much to these brave men and women who stood up for fair treatment in the workforce. So enjoy your earned day and appreciate those who made it better for all of us!

BUGLE BITES

Put a couple of tablespoons of peanut butter into a small zip lock bag. Snip off a small corner. Fill bugles with a little peanut butter. Heat chocolate in microwave until melted. Add cinnamon and stir well. Dip the larger end of the bugle (with the peanut butter) into the chocolate. Spread the bugles onto waxed or parchment paper. As soon as chocolate hardens they are ready to eat or store in a covered container.

- 1 bag bugles
- Creamy peanut butter
- 1 pkg. of chocolate candy coating
- 1 Tsp. cinnamon

FAIR FUN FACTS

Alaska's State Fair specializes in giant cabbage growing, including a 138 pound cabbage in 2012!

The California State Fair is home to the oldest wine competition in North America with over 2,800 entries each year and yes, you get to taste!

Only at the **Iowa State Fair** will you see a life-size cow sculpted from 600 pounds of butter – enough to top 19,200 slices of toast.

The **Bangor State Fair** in Maine offers an eating contest of lobster rolls with last year's winner devouring a whopping 37 rolls in 8 minutes.

Montana State Fair has speed-crafting competitions, "Fastest Crochet Hook in Montana" and "Fastest Needle in Montana".

Forget cattle roping and bull riding. At the **Nebraska State Fair** you'll see the Lineworkers Rodeo which showcases the high wire stunts they do every day to keep the power running.

The most popular contest at the **Oregon State Fair** is the Milk Mustache contest.

After the milk carton chugging contests, the State Dairy Princess Ambassador picks the most impressive mustaches.

Chain saws are the focus at the **State Fair of Virginia**.

Artists use whirring blades to turn three-foot logs into sculptures in minutes.

At the **Wisconsin State Fair**, you'll find the annual Moo-la-palooza competition to find Wisconsin's most authentically mooing human. Winners get \$1,000.



OFF TO THE FAIR

Whether it's riding all the rides we can, seeing all the homemade goodies and crafts, or enjoying the showing of the best animals around, state and county fairs can be great fun.

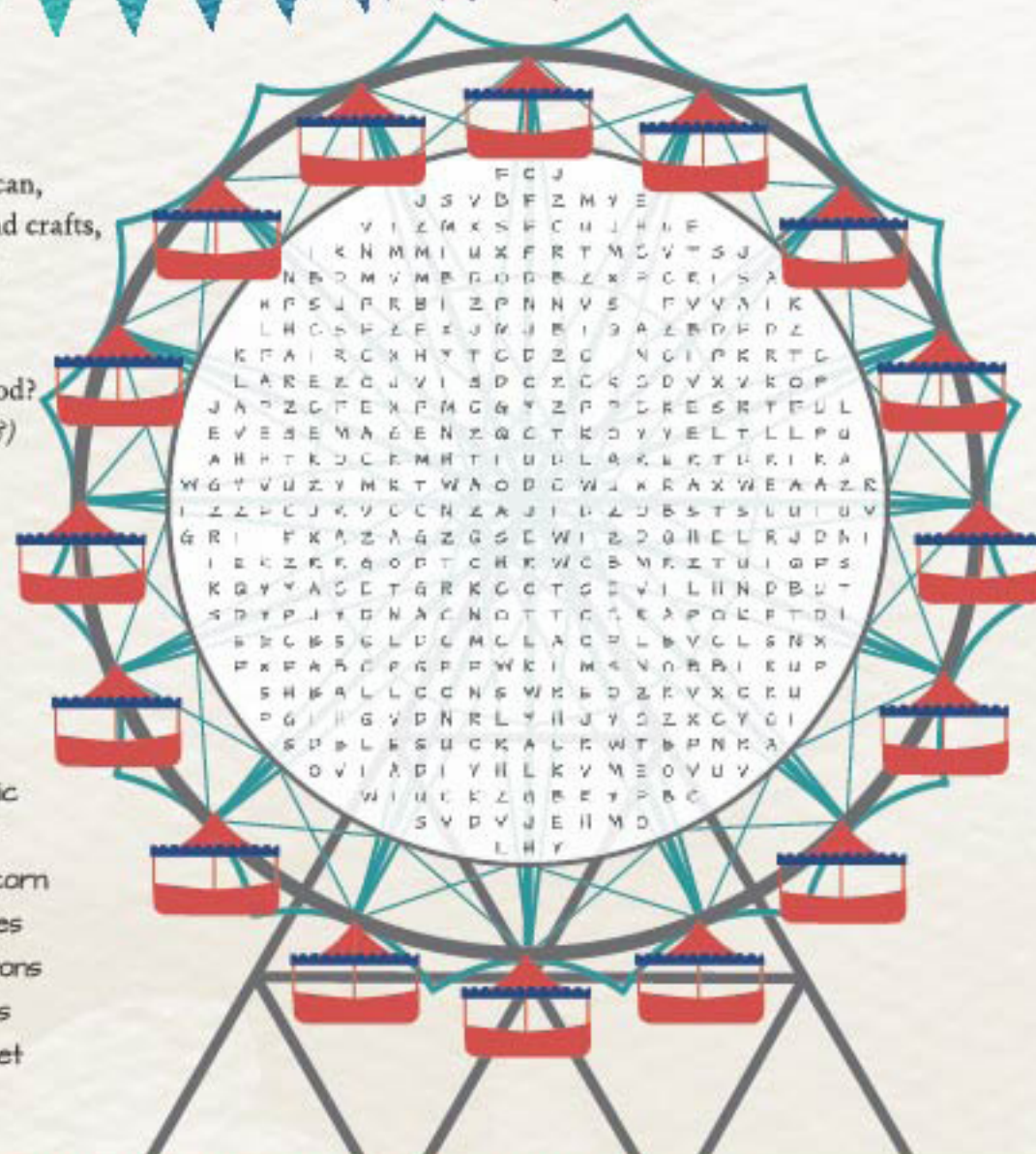
Do we need to even mention the food? *(Did someone say deep fried bacon?)*

Go explore and enjoy!

You'll find out about your county and state through the exhibits and shows. Spend a few bucks to walk around and see all the fair has to offer you!

FAIR WORD FIND

- | | |
|--------------|---------|
| Balloons | Picnic |
| Carousel | Pies |
| Cotton Candy | Popcorn |
| Exhibits | Prizes |
| Fair | Ribbons |
| Games | Rides |
| Hot Dog | Ticket |
| Livestock | |



BUDGETING FOR THE HOLIDAYS

91 days until December 1st. Since we don't want to pay with plastic, it's time to think about that holiday budget. You'll want to allow for Gifts, Parties, Travel, Food, and Giving.

Begin writing down now everyone you need to get a gift for – everyone! Put a dollar amount with each gift. Homemade crafts / gifts are always an option and this year you may want to limit who you buy for.

What kind of parties will you be attending / hosting? Write it down, along with what you will bring and serve, including plates/utensils. You may have to estimate here, but write down what you can.

If you'll be traveling during the holidays, start planning now to get your airline tickets. If you're not ready to pay yet, see what prices are now and keep in mind they'll only go up! Set aside gas money if you'll be traveling by car, even if it's local.

We eat more when we're off work, so make sure to write down what you think you'll eat when you are at home or on the road.

Now that you have a rough estimate, what can you do to bring in extra cash or save \$50 a week?

- 1 Tighten your budget (you do have a budget, right?). Example: ditch or downgrade TV services for 2 months.
- 2 Eat out only once a week.
- 3 Only buy on sale (even groceries).
- 4 Sell something. Take advantage of social media trading posts in your city.
- 5 Pick up a side job for a few months.

If you saved \$50 a week between now and December 1st, you would have an extra \$600! You can do this!