



## BUG OFF

Everyone is coming out to enjoy the nicer weather, including bugs. Our community offers routine pest control service for your home. If you have a problem prior to the scheduled treatment day, please let us know. We will be happy to see that these pests BUG OFF!

## Keep Those Critters Away

Make sure you throw your garbage away on a regular basis and do not leave it in the breezeway or around your door, patio or balcony. Let's keep those pests away from your home!

## THE SOUNDS OF SPRING

Birds are chirping, leaves are rustling—you can hear spring all around. They are soothing sounds that many want to welcome into their home. It is the time of year to open the windows and let fresh air and sounds of spring in. It is no surprise that noise complaints increase during this time of year. Please remember that what is going on inside your home can be heard outside if you choose to leave your windows open. Be mindful of the volume of your voice, your television and your music. Make sure that your "sounds of spring" do not disturb your neighbors. We ask everyone to be a little more tolerant of these noises as most people do not mean to offend. If the noise gets unreasonable, please contact the office. Hopefully, there will be no problems and you will enjoy the symphony of spring.

## Spring Weather Watch

Winter is almost over, but sometimes spring can bring troubling weather as well. With hot and cold fronts conflicting often during the spring, strong storms and tornadoes may occur. We want you to be prepared. Make sure you have a plan for severe weather.

- Designate an interior room (perhaps a closet or bathroom) for everyone to gather.
- Keep a working flashlight, radio, first aid kit and bottled water handy.
- Listen to the weather reports carefully.
- Never underestimate warnings or watches. It is always better to be safe than sorry.



S	M	T	W	T	F	S
March	1	2	3	4	5	
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Mar. 1 – *Nashville Predators vs. Dallas Stars*

Mar. 1 – *Il Volo: Ryman Auditorium*

Mar. 1-13 – *"Rosa Parks and the Montgomery Bus Boycott": Nashville Children's Theater*

Mar. 2 – *Leon Bridges: Ryman Auditorium*

Mar. 3 – *Nashville Predators vs. New Jersey Devils*

Mar. 3-5 – *Tedeschi Trucks Band: Ryman Auditorium*

Mar. 4-5 – *Blake Shelton: Bridgestone Arena*

Mar. 4-5 – *Celtic Woman: TPAC*

Mar. 5-6 – *Third Day: War Memorial Auditorium*

Mar. 6 – *Sam's Place: Ryman Auditorium*

Mar. 7 – *George Thorogood & the Destroyers: Ryman Auditorium*

Mar. 7-8 – *Perfect Wedding Guide: Music City Center*

Mar. 8-9 – *Merle Haggard: Ryman Auditorium*

Mar. 9-13 – *SEC Men's Basketball Tournament: Bridgestone Arena*

Mar. 9-20 – *"The Phantom of the Opera": TPAC*

Mar. 11-12 – *John Prine: Ryman Auditorium*

Mar. 15 – *BANFF Film Festival: TPAC*

Mar. 15 – *The Piano Guys: Ryman Auditorium*

Mar. 16 – *Kris Kristofferson: Bridgestone Arena*

Mar. 16 – *Adam Lambert: Ryman Auditorium*

Mar. 17 – *Nashville Predators vs. New York Islanders*

Mar. 17 – *Gordon Lightfoot: Ryman Auditorium*

Mar. 17-Apr. 16 – *"Chicago": TPAC*

Mar. 18 – *Rihanna: Bridgestone Arena*

Mar. 18 – *Vance Joy: Ryman Auditorium*

Mar. 20 – *Moody Blues: Ryman Auditorium*

Mar. 21 – *Nashville Predators vs. Los Angeles Kings*

Mar. 24 – *Nashville Predators vs. Vancouver Canucks*

Mar. 25 – *Legends of Southern Hip Hop: Municipal Auditorium*

Mar. 25-26 – *Flea Market: The Fairgrounds Nashville*

Mar. 26 – *Nashville Predators vs. Columbus Blue Jackets*

Mar. 28 – *Nashville Predators vs. Colorado Avalanche*

Mar. 29 – *Kirk Franklin: Ryman Auditorium*

Mar. 30 – *Andrew Bird: Ryman Auditorium*

*All dates subject to change without notice*



# MEADOWOOD VILLAGE

5160 Rice Rd. • Antioch, TN 37013 • (615) 360-2009

## WELCOME HOME!

A friendly welcome to all our new residents! We are glad you chose us as your new home. Current and new residents alike, remember if there is anything we can do for you, please do not hesitate to contact the office.

## Enjoy Spring!

Every day we are committed to letting you enjoy life to the fullest at Meadowood Village. We will take care of all the maintenance, lawn care and so much more so you can focus on what's important in life. So sit back, enjoy and have fun every day at our community.

## JUMPSTART YOUR SPRING

Turn your clocks ahead on March 13 as we begin Daylight Saving Time. You'll also want to check batteries in your smoke and carbon monoxide detectors and replace them if needed. Change a battery and save a life.

## Enjoy Your Neighbors

It's easy when they're your friends! Simply refer them to our office and once they sign a lease and have made us their home for 30 days, we will reward you with \$100.

March 2016

### staff

*Patsy Holt, CAM, NALP*  
Property Manager

*Kelli Whiteside, NALP*  
Assistant Manager

*Kirsten Porter*  
Leasing Consultant

*Danielle White*  
Leasing Consultant

*Jenny McNally*  
Part-Time Leasing Consultant

*Scott Lyons*  
Maintenance Supervisor

*Mark Sharp*  
Maintenance Tech

*Tristan Warren*  
Maintenance Tech

*Thomas Young*  
Maintenance Tech

*Janet Goodman*  
Housekeeper

### office hours

*Monday-Friday*  
8:30am - 5:30pm

*Saturday*  
9:00am - 4:00pm

*Sunday*  
1:00-5:00pm

### pest control

*Mon., March 14*  
Apts. 1-140





## I DIDN'T KNOW THAT

March 2 is Read Across America in honor of the birthday of Dr. Seuss. The National Educational Association encourages schools, communities and families to take time to read. In its 18th year, this year-round program focuses on motivating children and teens to read through events, partnerships and reading resources.

Enjoy reading about these famous authors.

Dr. Seuss wrote his "Green Eggs and Ham" when an editor challenged him to pen a book using no more than 50 words.

Joanna Rowling's publisher thought Harry Potter would sell better if she disguised her gender, thus J.K. Rowling.

Agatha Christie worked the medical field for four years in WWI, then became an apothecaries' assistant until the end of the war. She drew on her knowledge of pharmaceuticals in many of her novels.

Benjamin Franklin used several pen names, Silence Dogood, Anthony Afterwit and Alice Addertongue. One, Polly Baker, was an alter-ego Franklin used to show that women were discriminated against by the law.

## March is Full of Fun!

THE WONDERFUL DAYS OF MARCH!

**INTERNATIONAL WOMEN'S DAY** – Celebrate the social, economic, cultural and political achievement of women with the theme "Pledge For Parity". Find out about taking steps to accelerate gender parity around the world.

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Although you may "lose" an hour of sleep, most people love **DAYLIGHT SAVING TIME**. The plan was first introduced during WWI, but in 1784 Benjamin Franklin suggested it in hopes of saving a considerable number of candles.

13

**ST. PATRICK'S DAY** – The Irish percentage of the population encourages these cities to put on some serious St. Patrick's Day celebrations: Boston – 13.6%; Pittsburg – 13.5%; Davenport, IA – 13.1%; Philadelphia – 11.3%; Buffalo – 10.9%; Kansas City, MO – 10.2%; St. Louis – 9.1%; Cleveland – 8.0%; Savannah – 7.4%; Chicago – 6.9%.

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**SPRING IS HERE!** You'll find the daylight getting longer, the flowers blooming, and the birds are singing! Get outside and enjoy the days!

20

## Healthy Fettuccine



- 1/4 Onion – peeled and chopped
- 2 medium size white potatoes – peeled and chopped
- 1/2 cup mixed nuts
- 1 TBS. Italian dressing
- 1 TSP. lemon juice
- 1 TBS. parsley flakes
- salt and pepper to taste
- 1 lb. fettuccine
- parmesan/romano cheese (optional)
- Grilled chicken (optional)

For the sauce, boil onion and potatoes in water for 10 minutes or until done. Remove from water, but save at least 2 cups of the water. Place nuts, onion and potatoes in a blender, blending well. Blend in at least 1-1/2 cups of water with the nuts, onion and potatoes, then add all of the other ingredients except the fettuccine. Add remaining saved water if sauce is too thick. While the onions and potatoes are boiling, prepare 12-14 ounces of fettuccine according to directions on package. Drain pasta and stir in the sauce while both are still hot. Sprinkle with parmesan/romano cheese. Serve immediately. Grilled, sliced chicken may be added if desired.

## TAKING IT TO THE Hoops



### Are you ready for some March madness?

The 78th tournament is scheduled to begin on March 15 and will continue until the big game on Monday, April 4 in Houston, Texas. Sixty-eight teams will vie for the title of being the National Champion. Take a look at these facts:

Corporate business lost \$1.9 billion hours due to unproductive workers

70,000 fans are expected to visit Houston during the games

The economic impact on Houston as host of the Final Four is projected to be over \$70 million.

19% increase in pizza orders by fans after losses vs. wins.

The average price of a 30-second ad during the title game is close to \$1.5 million.

10% of the U.S. population participates in a bracket pool.

Odds of filling out a perfect bracket? 1 in 9.2 quintillion

## May the Luck of the Irish be With You

SURPRISE YOUR FRIENDS AND FAMILY WITH THESE IRISH SAYINGS:

You've got to do your own growing, no matter how tall your father was.

It is often that a person's mouth broke his nose.

May you always have a clean shirt, a clear conscience, and enough coins in your pocket to buy a pint!

A good laugh and a long sleep are the two best cures.

May misfortune follow you the rest of your life, and never catch up.

Lose an hour in the morning and you'll be looking for it all day.

Lie down with dogs and you'll rise with fleas.

Who keeps his tongue keeps his friends.

May your home always be too small to hold all your friends.

## MASCOTMADNESS

Match the College to the Team Mascot

FIGHTING IRISH	UTAH
SPARTANS	ARKANSAS
MUSKETEERS	MICHIGAN STATE
RAZORBACKS	DUKE
BULLDOGS	KENTUCKY
HOOSIERS	WISCONSIN
UTES	NC STATE
BADGERS	NOTRE DAME
WILDCATS	GONZAGA
BLUE DEVILS	INDIANA
WOLFPACK	XAVIER



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HASSLE FREE NEWSLETTER



UTAH STATE, ARKANSAS, RAZORBACKS, MICHIGAN STATE, MUSKETEERS, FIGHTING IRISH, BULLDOGS, HOOSIERS, WISCONSIN, WOLFPACK, BLUE DEVILS, NOTRE DAME, NC STATE, KENTUCKY, WILDCATS, GONZAGA, XAVIER, INDIANA, DUKE